



Preliminary Program

Day 1: Fundamentals, Instruments, and Basic Techniques

Skill Level: Introduction (Level 1)

08:00–08:30

- Check-in and welcome
- Introductions of course leaders and participants
- Overview of chat groups, whiteboard features, and surveys

08:30–09:15 | Lecture & Discussion

- Introduction to eyelid surgery: anatomy, key indications (e.g., blepharoplasty, ptosis), and relevant structures (nerves/vessels)
- Interactive whiteboard and group Q&A

09:15–09:30 | Coffee Break

09:30–12:30 | Hands-On Practice (Part 1)

- Instrument handling and suturing techniques
- Live demonstrations and guided exercises in pairs
- Beginners focus on basic suturing
- Advanced learners practice complex techniques (e.g., mattress stitches & combined techniques)

12:30–13:30 | Lunch Break

13:30–14:30 | Lecture & Q&A

- Overview of basic surgical techniques, with a focus on blepharoplasty
- Live or video demonstrations of key techniques

14:30–16:00 | Hands-On Practice (Part 2)

- Deep dive into blepharoplasty techniques, including incision and preparation
- Practical team-based exercises, with optional video recording for review
- Whiteboard session (15-20 minutes at the end)
- End-of-day survey "Day 1 feedback" Results are presented the next morning

Day 2: Advanced Eyelid Surgery & Specialized Techniques

Skill Level: Intermediate (Level 2)

08:00–08:15 | Recap

- Highlights from Day 1, including feedback, whiteboards, and group discussions

08:15–09:00 | Lecture & Discussion

- Ptosis surgery: anatomy, techniques, and case examples (e.g., levator resection, frontalis suspension)
- Participant survey to assess skill levels and grouping into Basic & Advanced Groups

09:00–12:00 | Hands-On Practice (Part 1)

- Practice ptosis surgery on 3D models or human specimens

- Step-by-step instructions: incision guidance, levator identification, fixation
- Beginners focus on simplified techniques like levator resection, while advanced learners explore variations like frontalis suspension
- Individualized coaching and interactive chat for immediate feedback

12:00–13:00 | Lunch Break

13:00–14:00 | Lecture & Live Demo

- Techniques for repairing entropion and ectropion
- Live or recorded model demonstrations, followed by an interactive Q&A

14:00–16:00 | Hands-On Practice (Part 2)

- Hands-on practice with entropion/ectropion repair using 3D models, e.g., incision and suture technique
- Advanced participants can experiment with complex procedures like flap or scar revision
- Documentation via video recording
- Whiteboard sessions and end-of-day feedback surveys

Day 3: Complex Reconstructions & Complication Management

Skill Level: Advanced (Level 3)

08:00–08:30 | Recap

- Feedback summaries from Day 2 and review of whiteboard and chat discussions

08:30–09:30 | Lecture & Case Studies

- Advanced reconstruction techniques, tumor resection, and scar corrections
- Complication management: addressing eyelid asymmetries, retractions, and bleeding

09:30–12:30 | Hands-On Practice (Part 1)

- Advanced tumor resection training with local flap or skin graft on 3D models
- Beginners refine intermediate-level skills, e.g., simple reconstruction flaps
- Individual coaching by course instructor
- Documentation and video recording

12:30–13:30 | Lunch Break

13:30–14:30 | Expert Q&A & Live Case Discussions

- Real-time instructor demonstrations of complex & rare cases
- Participant-led discussions and feedback sessions

14:30–15:30 | Hands-On Practice (Part 2)

- Free practice tailored to individual needs (from beginner to advanced techniques)
- Coaching and final recap of key concepts

15:30–16:00 | The Final Cut: A Surgical Face Off

- Closing Discussion and Certificate Presentation
- **Surgical Face Off:**
 - On the final day of the course, participants will engage in an exciting surgical competition designed to put their knowledge and skills to the test under realistic conditions. Each participant will be assigned a randomly selected 3D-printed eyelid model featuring a specific defect (e.g., ptosis, entropion, tumor).
 - **Within a limited timeframe, participants must:**
 - Diagnose the defect
 - Plan and execute an appropriate surgical solution
 - This practical exercise is crafted to challenge surgical techniques, decision-making, and adaptability under pressure.
 - **After completing the procedure, participants will engage in:**

- Self-reflection: Analyze your own performance
- Constructive peer feedback: Share insights and learn from one another
- Each participant will take their personalized model home for further review and practice.

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Now!**

27th-29th March 2025



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The Art of Eyelid Surgery:
From Basics to Advanced
Techniques



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